

Quality food options every day

Full details of dishes & allergen information are available at: [sips.co.uk/foodportal](https://www.sips.co.uk/foodportal)

Week Commencing:

21/09/2020

05/10/2020

19/10/2020

Week 1

MONDAY

MEAT

Fish Finger Sandwich - Breaded Fish Finger served with Tomato Ketchup

Meat Free Sausage Roll (v) Vege crudités

Melting Moments Fresh Fruit

TUESDAY

Ham Sandwich on white bread with Vegetable Crudités

Cheese Sandwich on white bread with Vegetable crudités (v)

Fruit Yoghurt Fresh fruit

WEDNESDAY

Beef Burger - Beef Pattie served in a homemade bread bun green Salad

Quorn Southern Style Burger (v) - Quorn burger served in a homemade bread bun green Salad Shortbread biscuit Fresh fruit

THURSDAY

Pin Wheel Pizza (v) - cheese and tomato pizza pin wheel

Tuna Mayo Sandwich on white bread with vegetable crudités

Fruit Yoghurt Fresh Fruit

FRIDAY

Harry Ramsdens Junior Fish & Chips served with Tomato Sauce

Filled Jacket Potato served with Cheese or Beans & Salad (v)

Cocoa Crunch Cookie Fresh Fruit

Week Commencing:

28/09/2020

12/10/2020

Week 2

MONDAY

Fish Finger Wrap - Breaded Fish Fingers served in a tortilla wrap

Cheese & Onion Lattice Finger (v) with Seasonal Salad

Strawberry Mousse Fresh Fruit Slices

TUESDAY

Ham Sandwich on white bread with vegetable crudités

Cheese Sandwich (v) on white bread with vegetable crudités

Vanilla Ice Cream Tub Fruit Yoghurt

WEDNESDAY

BBQ Chicken Fillet Burger - BBQ chicken served in a homemade bread bun with green salad

Vegetable Burger (v) - vege burger served in a homemade bread bun with green salad

Chocolate Brownie Melon Slices

THURSDAY

Pin Wheel Pizza (v) - cheese & tomato pizza pin wheel

Turkey Sandwich with vegetable crudités

Fruit Jelly Fresh Fruit Slices

FRIDAY

Popcorn Chicken & Spicy Wedges

Filled Jacket Potatoes with Cheese or Beans & salad (v)

Iced Shortbread Biscuit Fresh Fruit Salad

Selection of Vegetable Crudites, seasonal salad, Fresh fruit and yoghurt available daily

Dishes are subject to change

SIPS

EDUCATION

mission: nutrition

www.sips.co.uk



- New



- Vegetarian



- Vegan



- Boosted by hidden fruit and vegetables